

Packing List for EPS 319L (Field Camp)

We will be hiking and camping for a large portion of field camp. Please make sure that you have the essential gear to stay warm, dry, and comfortable during these days. Use this as a guide and checklist when packing for field camp.

Shelter

- Tent**** (two-person tent is most comfortable for you and your things)
- Sleeping pad**** (a cushion that goes under your sleeping bag for comfort (e.g., Therm-a-Rest Z-lite sleeping pad))
- Sleeping bag**** (it does get cool at night, so a 20° F might be necessary if you get cold easily; a 40°F sleeping bag may also work)
- Pillow** (a camping pillow or your bedroom pillow, whatever will help you sleep well!)
- Camp chair** (a collapsible chair; you can get one for \$10-\$20 at Walmart)
- Sheet or sleeping bag liner** (optional)

Clothing

- Underwear and socks** (bring plenty for all the days we will be in the field)
- Long pants** (at least 2 pairs)
- Shorts** (personal preference)
- Long-sleeve, lightweight shirts** (e.g., sun shirts or button up field shirts)
- T-shirts** (enough to change every 2-3 days)
- Insulated jacket** (e.g., puffy jacket)
- Fleece jacket/sweatshirt**
- Warm hat/gloves**
- Sturdy and comfortable hiking boots** (required!)
- Camp shoes** (sneakers, crocs, sandals)
- Sunglasses**
- Hat** (baseball cap or wide-brimmed sun hat)
- Rain jacket** (can also serve as a wind breaker or insulating layer)
- Rain pants** (we will be in New Mexico, so we may not see much rain during field camp, but these are good to have if we do)

Personal gear

- Duffel Bag(s)** – please use a large duffel bag to contain all your clothing and camping gear. You may want two duffel bags, one for your shelter and one for your clothing/personal gear.

- Field Daypack** (>20-liter backpack that's large enough to hold 3-4 liters of water, food, rain jacket/extra layers, office supplies, etc.)
- Water bottles and/or Camelbak water bladder** (*need to carry 3-4 liters of water!)
- Headlamp**** (e.g., Black Diamond Astro 300 or Petzl Tikkina)
- Sandwich box** (simple tupperware container for your lunch)
- Complete toiletry kit** (everything you need for your daily hygiene routine)
- Glasses/contact lenses** (bring extras!) (if applicable)
- Personal travel size hand sanitizer**
- Towel**
- Cup or mug** (useful for coffee/tea/hot chocolate in the mornings)
- Sunscreen**
- Bug spray**
- Pocketknife/multitool** (optional)
- Battery block/power bank** (optional, for charging phones in your tent)

Office supplies

- Pens/pencils** (enough to replace a few that may go missing)
- Ruler**
- Protractor**

Items provided by UNM

- Wag Bag**
- Field Notebook**
- Rock hammer**
- Communal power bank**
- Cooking supplies – camp kitchen and all food provided on field days**
- Hand lens**
- Map boards, mylar, basemaps, etc.**
- Colored pencils**
- GPS unit and Brunton**

Camping Gear Rentals

You can rent sleeping bags, tents, sleeping pads, and headlamps from the **UNM Outdoor Adventure Center:

<https://recservices.unm.edu/outdoor-adventure-center/outdoor-rental-resource-center.html>

Other considerations:

Going to the bathroom in the backcountry

There will be vault toilets at the Rio Grande del Norte campsite, but not at the El Malpais campsite. We will set up a shared group toilet (Reliance Luggable Loo) and we will try to stop at vault toilets at nearby trailheads at least once per day. If you are worried about the bathroom situation, you could consider purchasing your own backcountry poop kits. Here are some helpful links:

<https://www.rei.com/learn/expert-advice/hygiene-sanitation.html>

<https://www.rei.com/product/249300/pact-outdoors-pack-out-kit-package-of-6>

<https://www.rei.com/product/182956/kula-cloth-reusable-antimicrobial-pee-cloth>

Tips for Buying Outdoor/Camping Gear

Note on Tents:

- If you purchase your own tent, chose a quality brand and look for a 2-person dome-style tent. Brands like Coleman, Stoic, Kelty, and ALPS Mountaineering offer tents ~\$100-150 that should hold up for the duration of field camp. Tents <\$100 are not likely to be durable and you may not be happy when we're in the field.
- Please **avoid** bringing large >3-person tents, as they take up space in both the vehicles and at our shared campsites.

Note on Water:

- Please bring enough water bottles and/or water bladders to carry 3-4 liters of water with you in the field.
- A great option would be to purchase a 3-liter water reservoir/hydration bladder, such as the CamelBak Crux 3-Liter, which you can purchase on amazon.

Where to buy affordable camping gear:

Outdoor Regear (warehouse of used outdoor gear at reduced prices)

4520 Alexander Blvd NE
Albuquerque, NM 87107

Amazon

For example, you can find a canvas [125 liter duffel bag \(30"x18"\)](#) for ~\$50.

Sierra (the TJ Maxx of outdoor gear and apparel)

<https://www.sierra.com/>

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Walmart

Great place to find a good, affordable camp chair. For example, the Ozark Trail quad folding camp chairs, or backpacking chairs.

REI

High quality outdoor gear, but difficult to find gear at a low cost.